

Board Breaking

Seminar

(Tame-Shiwara)

Different Sizes of Wood for Different Ages
All Ranks (Red Belt and Above)

- Little Samurais - Youths - Adults

Special Teen & Adult Breaking Stations
Speed-Power-Combination Breaks!

**Increase the
Strength
Of Your
Techniques!!**



Improve Focus!!

Improve Accuracy!!

**Build
Confidence!!**

Special Early Bird
Registration
Register by
September 25th and
receive a \$5 gift card
to the pro-shop

Date: Friday, October 15th

Time: 6:30 - 8:00 p.m.

Place: The Academy

Cost: \$35.00

Open to All Ranks- Little Samurai, Youth and Adult Students (Red Belt and Above)

Registration Deadline- Wednesday, October 6th

Sign Up At The Reception Desk!!

Space is Limited...Register Early to Assure a Spot

**Sign, date & return the registration disclaimer on the reverse side.*

Disclaimer of Liability

The undersigned parent/guardian and student _____ hereby releases, waives, and agrees to indemnify and hold harmless The Academy of Traditional Karate, Inc., Todd J. & Kristen A. Keane, their authorized agents and representatives, and Howland Development from any and all liability arising from or in relation to or on the premises designated for the practice of karate in sanctioned classes and events of all descriptions, namely Board Breaking Seminar, including personal injuries sustained in the customary course of practice. In addition, if I or my child has any known medical conditions, I will consult a physician, and I will supply a physician's note.

Parent or Guardian _____

Date _____

Student _____

Date _____

**Date: 10/15/10
Time: 6:30-8:00 p.m.
Register at the Reception
Desk for the Seminar before
Wednesday, 10/6/10**

**Special Teen & Adult
Breaking Stations
Speed-Power -
Combination Breaks!**

**Space is Limited so... Register Early!
Just give the Academy a call at 978-658-2077
if you have any questions.**

